## Table. Comparison of features of COPD and asthma

Features	COPD	Asthma
Age of onset	Mid-life	Often early in life
Progression	Symptoms slowly progress	Symptoms vary from day to day
Symptom trigger, diurnal variation	Dyspnoea during exercise	Symptoms at night/early morning
Associated atopy	May not have atopy	Allergy, rhinitis and/or eczema may be present
Family history	Uncommon	Common – family history of asthma and/or allergic diseases