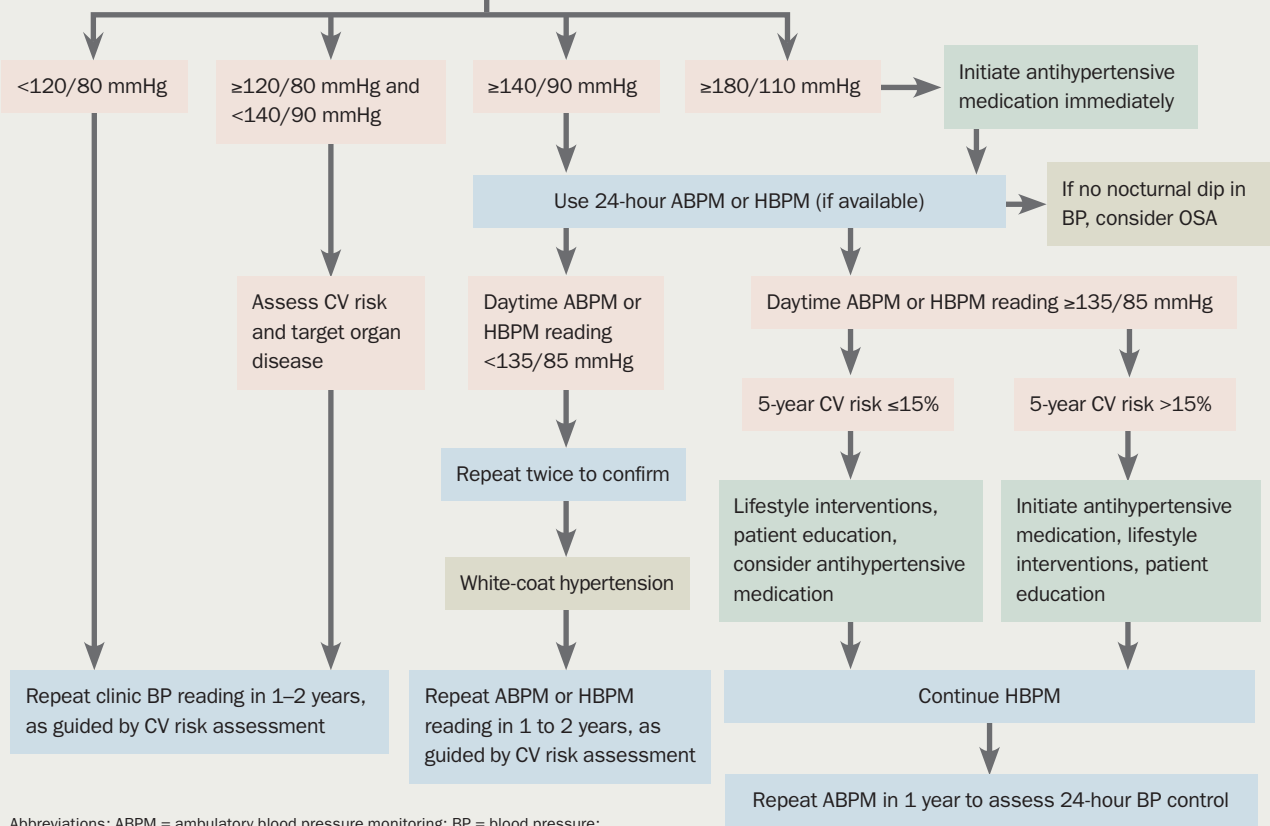


A strategic algorithm for blood pressure assessment*

Take clinic BP measurement (average of at least two visits)



Abbreviations: ABPM = ambulatory blood pressure monitoring; BP = blood pressure;
CV = cardiovascular; HBPM = home blood pressure monitoring; OSA = obstructive sleep apnoea.

* The flowchart and risk scores are based on: Australian National Heart Foundation guidelines for the diagnosis and management of hypertension in adults (2016);⁴⁸ Australian National Vascular Disease Prevention Alliance guidelines for the management of absolute cardiovascular disease risk (2012);⁴⁹ Ambulatory blood pressure monitoring in Australia: 2011 consensus position statement (2012);⁶ Home blood pressure monitoring: Australian expert consensus statement (2015);¹⁰ UK National Institute for Health and Care Excellence hypertension in adults: diagnosis and management (2011);²⁶ Canadian Hypertension Education Program guidelines for blood pressure measurement, diagnosis, assessment of risk, prevention, and treatment of hypertension (2016);²⁷ and European Society of Hypertension and European Society of Cardiology guidelines for the management of arterial hypertension (2013).¹³