

Some conditions that may cause or be associated with POTS¹

- Amyloidosis
- Autoimmune diseases (e.g. Sjogren's syndrome, systemic lupus erythematosus, antiphospholipid syndrome)
- Chiari malformation
- Deconditioning and frailty
- Diabetes and prediabetes
- Ehlers–Danlos syndromes
- Infections (e.g. mononucleosis, Epstein–Barr virus, lyme disease, mycoplasma pneumonia and hepatitis C virus infection)
- Mast cell activation disorders
- Mitochondrial diseases
- Multiple sclerosis
- Paraneoplastic syndrome (tumours of the lung, ovary, breast and pancreas)
- Pheochromocytoma
- Pregnancy
- Sarcoidosis
- Toxicity (e.g. chronic alcohol use, chemotherapy and heavy metal poisoning)
- Trauma or surgery
- Vaccinations
- Vitamin deficiencies/anaemia