

EDITOR-IN-CHIEF

Gayle Fischer OAM, MB BS, FACD, MD

MANAGING EDITOR

Nidhi Sodhi BSc(Hons), PhD

SENIOR ASSISTANT EDITORS

Kate Murchison BSc(Hons)
Kerrie Lawson PhD, ELS, AE(IPEd)
Marie Lofthouse BSc(Hons)

ASSISTANT EDITORS

Aleta van Kerkhoff MSc, GDipClinEpid, ELS
Richa Gandhi BSc(Hons), MSc, MSc, PhD

MEDICAL WRITER/ASSISTANT EDITORS

Emily Lathlean MB BS, FRACGP
Michael Doris MBBS, ATCL

PRODUCTION/DESIGN MANAGER

Maria Marmora

GROUP SALES & MARKETING MANAGER

Prue Anderson

SALES & MARKETING CO-ORDINATOR

Amy Scholefield

DIGITAL ENGAGEMENT MANAGER

Renata Schindler BA, BEd, GradCertBus

ACCOUNTS

Pauline Burnard

SUBSCRIPTIONS CO-ORDINATOR

Katrina Lehmann

EDITORIAL CO-ORDINATOR

Amanda Goodsir

PUBLISHER/EDITORIAL DIRECTOR

Judy Passlow

PUBLISHER/MANAGING DIRECTOR

Tony Scott

SYDNEY OFFICE

Suite 503, Level 3
116 Military Road
Neutral Bay NSW 2089

POSTAL ADDRESS

PO Box 1473, Neutral Bay NSW 2089

TELEPHONE (02) 9908 8577

FACSIMILE (02) 9475 0645

EMAIL

Editorial enquiries

reception@medicinetoday.com.au

Production enquiries

mariamarmora@medicinetoday.com.au

Advertising sales enquiries

prueanderson@medicinetoday.com.au

General enquiries

reception@medicinetoday.com.au

Copyright 2024 Medicine Today Pty Ltd.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means (electronic, mechanical or photocopy recording or otherwise) in whole or in part, in any form whatsoever without the prior written permission of the Publisher.

The articles in this collection were originally published in *Medicine Today* and have been updated as necessary. Each has been subjected to *Medicine Today's* usual rigorous peer-review process. The opinions expressed in the articles are those of the authors and not necessarily those of the publisher. Some products and/or indications mentioned may not be approved for use in Australia. Please review Product Information, available from the manufacturer, before prescribing any agent mentioned in these articles.

Dermatology Collection is printed by Spotpress. Paper fibre is from sustainably managed forests and controlled sources

Dermatology

Collection

PEER REVIEWED UPDATES FOR MEDICAL PRACTITIONERS

FOREWORD FROM THE EDITOR-IN-CHIEF, DERMATOLOGY COLLECTION

Our July 2024 *Dermatology Collection* covers a range of important dermatological presentations, including the management of cosmetic concerns.

Actinic keratoses, also referred to as solar keratoses, appear on sites of chronic ultraviolet radiation exposure and their presence predisposes to the development of all skin cancers. Read about the latest management practices for actinic keratoses, based on guidelines from Cancer Council Australia and the American Academy of Dermatology.

Nail disease and intertriginous skin disorders are common presentations in general practice and the assessment, treatment and management for each are discussed in two articles. Although often benign, both can impair quality of life and be representative of underlying disease. Recognising the common clinical features of different nail diseases, understanding potential treatment outcomes and knowing when to refer if treatment failure occurs are important management cornerstones. Most intertriginous skin disorders can be successfully diagnosed and managed in the primary care setting.

Patients often consult with their GPs about aesthetic concerns, which can be treated using laser and laser-like therapies. Stay up to date on the latest devices used for cosmetic purposes, including intense pulsed light, vascular lasers, pigment lasers and ablative and nonablative lasers.

Finally, test your knowledge with one of our dermatology quizzes. What are the differential diagnoses and an appropriate management approach for a 57-year-old woman who presents with inflammatory facial lesions and background erythema?



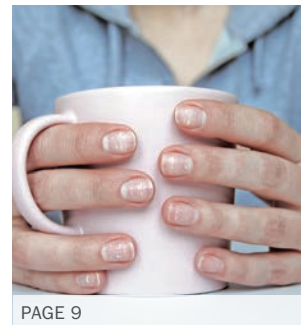
Gayle Fischer OAM, MB BS, FACD, MD
Clinical Professor of Dermatology at Sydney
Medical School – Northern, The University of Sydney,
Royal North Shore Hospital, Sydney, NSW.

CONTENTS PEER REVIEWED

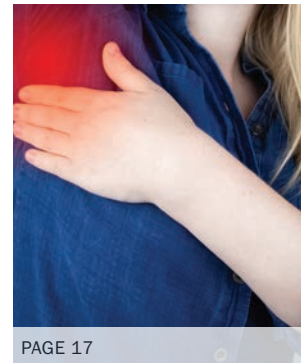
Actinic keratosis – an update on management	3
XIN LIN WONG, STEPHEN SHUMACK	
Evaluation and management of nail diseases	9
ALEXIS ARASU, JOHANNES S. KERN, ANNE HOWARD	
Intertriginous skin disorders: what's lurking where?	17
LOIS ZHANG, THOMAS STEWART, DAVID COOK, JOHN FREW	
Cosmetic laser and light therapies	23
XIN LIN WONG, DESHAN SEBARATNAM, PATRICIA M. LOWE	
A woman with rosy cheeks and erythematous facial lesions	30
MARLENE WIJAYA, GAYLE FISCHER, REBECCA BRONWYN SAUNDERSON	



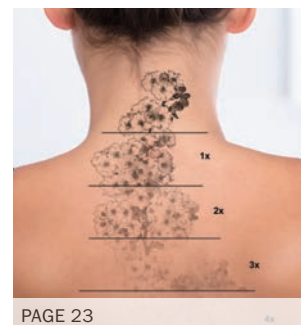
PAGE 3



PAGE 9



PAGE 17



PAGE 23