

# Dermatology Collection

PEER REVIEWED UPDATES FOR MEDICAL PRACTITIONERS

DERMATOLOGY COLLECTION  
REPRINTS IN DERMATOLOGY  
JUNE 2026 VOL 10 NO 1

ISSN 1443-430X

**EDITOR-IN-CHIEF**

Gayle Fischer OAM, MB BS, FACD, MD

**MANAGING EDITOR**

Marie Lofthouse BSc(Hons)

**DEPUTY MANAGING EDITOR**

Richa Gandhi BSc(Hons), MSc, MSc, PhD

**SENIOR ASSISTANT EDITORS**

Kate Murchison BSc(Hons)

Kerrie Lawson PhD, ELS, AE(IPEd)

**ASSISTANT EDITORS**

Aleta van Kerkhoff MSc, GDipClinEpid, ELS

Sally Nicholls BSc(Hons)

Katherine McLeod BSc(Hons), ELS

**MEDICAL WRITERS/ASSISTANT EDITORS**

Emily Lathlean MB BS, FRACGP

Sasha Ellery BM BCh

**PRODUCTION/DESIGN MANAGER**

Maria Marmora

**GROUP SALES & MARKETING MANAGER**

Prue Anderson

**SALES & MARKETING CO-ORDINATOR**

Chelsea Lay

**ACCOUNTS**

Pauline Burnard

**SUBSCRIPTIONS CO-ORDINATOR**

Katrina Lehmann

**EDITORIAL CO-ORDINATOR**

Amanda Goodsir

**PUBLISHER/EDITORIAL DIRECTOR**

Judy Passlow

**PUBLISHER/MANAGING DIRECTOR**

Tony Scott

**SYDNEY OFFICE**

Suite 503, Level 3

116 Military Road

Neutral Bay NSW 2089

**POSTAL ADDRESS**

PO Box 1473, Neutral Bay NSW 2089

**TELEPHONE** (02) 9908 8577**FACSIMILE** (02) 9475 0645**EMAIL****Editorial enquiries**

reception@medicinetoday.com.au

**Production enquiries**

mariamarmora@medicinetoday.com.au

**Advertising sales enquiries**

prueanderson@medicinetoday.com.au

**General enquiries**

reception@medicinetoday.com.au

Copyright 2026 Medicine Today Pty Ltd.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means (electronic, mechanical or photocopy recording or otherwise) in whole or in part, in any form whatsoever without the prior written permission of the Publisher.

The articles in this collection were originally published in *Medicine Today* and have been updated as necessary. Each has been subjected to *Medicine Today's* usual rigorous peer-review process. The opinions expressed in the articles are those of the authors and not necessarily those of the publisher. Some products and/or indications mentioned may not be approved for use in Australia. Please review Product Information, available from the manufacturer, before prescribing any agent mentioned in these articles.

This *Dermatology Collection* is printed by IVE Group. Paper fibre is from sustainably managed forests and controlled sources

**FOREWORD FROM THE EDITOR-IN-CHIEF, DERMATOLOGY COLLECTION**

The skin is our largest organ and often provides visible clues to changes occurring elsewhere in the body. It can reflect ageing, hormonal shifts and environmental exposure, while having a profound effect on comfort, confidence and quality of life. It is therefore no surprise that skin conditions remain among the most common reasons for consultation in general practice.

In our June 2026 *Dermatology Collection*, we present four practical reviews addressing common and important problems encountered in everyday practice. Topics range from the often-overlooked skin and hair changes associated with menopause, to the diagnosis and management of hyperhidrosis, a condition whose impact on social and emotional wellbeing is frequently underestimated. We also provide practical guidance on the prevention, recognition and management of keratinocyte skin cancers and review the use of topical therapies for psoriasis, emphasising the importance of patient education and timely escalation of treatment when required.

As always, our *Dermatology Clinic* cases challenge readers to apply their diagnostic skills. In this issue, we examine the causes of alopecia and crusted scalp in a young boy and revisit the differential diagnosis of persistent scaly plaques affecting the hands and feet.

Together, the articles and cases in this issue highlight the important role of GPs in recognising, managing and supporting patients with skin disease. I hope you find this collection both informative and useful in your daily practice.



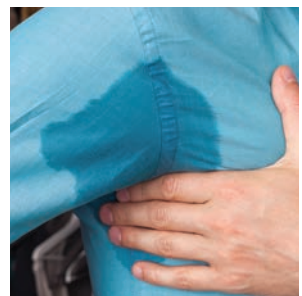
Gayle Fischer OAM, MB BS, FACD, MD  
Clinical Professor of Dermatology at Sydney  
Medical School – Northern, The University of Sydney,  
Royal North Shore Hospital, Sydney, NSW.

**CONTENTS PEER REVIEWED**

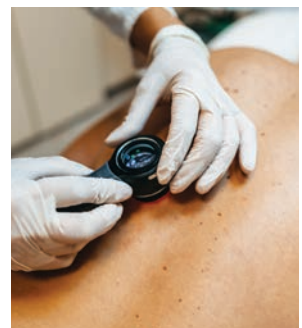
<b>Skin and hair changes in menopause: it's not just ageing!</b>	<b>3</b>
JO-ANN SEE, LINDA CHAN	<b>CPD</b>
<b>Hyperhidrosis: diagnosis, assessment and stepwise management</b>	<b>9</b>
CONOR LARNEY, LAXMI IYENGAR, WILLIAM BERRY, STEPHEN SHUMACK, PETER FOLEY	<b>CPD</b>
<b>From sun damage to keratinocyte skin cancer: practical guidance for GPs</b>	<b>15</b>
CONOR LARNEY, LAXMI IYENGAR, STEPHEN SHUMACK, PETER FOLEY	<b>CPD</b>
<b>Topical therapies for psoriasis: selection, education, escalation of therapy</b>	<b>21</b>
CONOR LARNEY, LAXMI IYENGAR, BENJAMIN S. DANIEL, STEPHEN SHUMACK, PETER FOLEY	
<b>Alopecia and crusted scalp in a young boy</b>	<b>25</b>
LACHLAN LAU, JAMES GASTON, MINOH KANG, HOLLY SEXTON, LAURA SCARDAMAGLIA	
<b>Persistent scaly plaques on the hands and feet</b>	<b>29</b>
ALEXANDRA SAVAGE, REBECCA BRONWYN SAUNDERSON	



PAGE 3



PAGE 9



PAGE 15



PAGE 21