BOOK REVIEW

PHYSICAL COMORBIDITIES OF DEMENTIA

By Dr Susan Kurrle, Professor Henry Brodaty and Ms Roseanne Hogarth. Cambridge University Press, Cambridge, UK, 2012. 134 pages, incl. index. Refer to publisher's website for pricing (http://www.cambridge.org). Paperback: ISBN-13 9781107648265 Adobe eBook: ISBN-13 9781139534819

The authors of this new book, Physical Comorbidities of Dementia, are well placed to write on this very important topic, having each spent many years in the fields of geriatric



medicine and geriatric psychiatry.

The book is to be highly recommended for several important reasons. Its 10 chapters cover the central topics of clinical gerontology, which are sometimes still referred to as the 'geriatric giants' and include falls, delirium, epilepsy, problems of nutrition, incontinence, sleep disturbance, visual dysfunction, oral disease and frailty. The authors have succinctly summarised a vast amount of research literature to make an excellent compendium for those who are engaged in clinical gerontology and especially for those embarking on a career in fundamental gerontological research. It is also a valuable resource for clinical educators involved in teaching medical, nursing and allied health students. Each chapter ends with helpful and illustrative clinical cases, clinical recommendations and a summary of key points.

Physical Comorbidities of Dementia should be read by every clinician who is engaged in the care of elderly patients and also by those who want to improve the standard of care and the clinical outcomes for the most rapidly growing group of patients in industrial countries.

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